



Advocating for better food in schools.
Working for a sustainable future.

Two Angry Moms – Just the Facts

- 35% of American Children are obese or at risk.
- Centers for Disease Control: “We are facing a childhood obesity epidemic. This generation will be the first in the nation’s history to live shorter lives than those of their parents.”
- 30% of boys born in 2000 and 40% of girls will develop diabetes.
- There are soaring rates of asthma, ADHD, anxiety, autism, learning disorders and depression among children.
- 1 in 4 children take prescription medication daily for chronic illness.
- 2000% increase in amphetamine prescriptions for children since 1990.
- Americans spend \$200 billion per year in diet-related health care costs; twice as much per person, per year than any other developed nation.
- 50% of all cancer could be prevented through healthy diet and exercise.
- The average American life expectancy ranks 27th in the world.
- The cost of fresh fruits and vegetables has risen 40% in the past twenty years.
- The cost of soda, sweets, meat, dairy, fats and oils has decreased by as much as 20% in that same time.
- Americans spend less than 10% of their income on food, but 17% of our GDP is spent on healthcare.
- Europeans spend 17% of their earnings on food, but less than 10% of their GDP on healthcare.

The movie goes right to the heart and makes you realize how important this is to the future generations of our country. - Melissa Wright, Mom

